



# Ohio Department of Mental Health

30 East Broad Street  
Columbus, Ohio 43215-3430

DATE: 3/17/2009 NUMBER: C-03-09-07 ORIGINATOR & TITLE: Kay Rietz, Assistant Deputy Director

OFFICE:  
Office of Children’s Services

APPROVED BY:  
Debbie Nixon-Hughes, Deputy Director: Division of Program and Policy Development

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TITLE OF CORRESPONDENCE:  
Department of Mental Health SFY 2010 Summary of Children’s Mental Health Planning

CONTENT:  
As we plan for the SFY 2010 funding for Children’s Mental Health, we continue to integrate services and supports with our partnering agencies and the leadership of Ohio Family and Children First (OFCF). In this coming biennium, the System of Care will be the framework for ODMH and OFCF, moving beyond the former Access to Better Care (ABC) approach and towards more streamlined funding. A System of Care (SOC) is a broad, flexible array of effective services and supports that focuses on family-centered practice, community-based services, strengthened capacity of families and individualized services.

Important outcomes defined for the SOC in the next biennium include:  
- Increase coordination of available services and support across the developmental spectrum and age continuum.  
- Reduce costly out-of-home placements, including institutionalizations  
- Increase child and family engagement from diverse communities

Through the SOC funding, we strive to promote local system collaboration, to avoid duplication of services, and to invest in effective services and supports directed to children and families most in need as determined by local planning authorities with Family and Children First Councils. With tighter funding realities in this biennium, we have eliminated small pilots and grant programs offered to individual board areas, in the interest of moving towards broader capacity-building across the state.

With the transition from ABC to SOC, there are several areas to highlight where we will either maintain or change funding programs, processes or allocations. These areas are summarized below:

## SYSTEM OF CARE ALLOCATIONS

The purpose, to be further defined by a System of Care Guidance (SOC) Document, will include providing effective and appropriate community-based early intervention and treatment services. The emphasis will be for ADAMH/CMH/ADAS Boards in partnership with their Family and Children First Councils (FCFCs) to support Early Childhood Mental Health Treatment and Intensive Home-Based Treatment, with trauma-informed practice. This is the former ABC 404 Base allocation which will continue to be allocated to the ADAMH/CMH/ADAS Boards at the same allocation level as SFY 2009.

## INTENSIVE HOME BASED TREATMENT

Through a Request for Proposal (RFP) process in SFY 2008-09, ODMH funded 15 boards to further the implementation of evidence-based practice through increasing the availability and penetration of Intensive Home Based Treatment (IHBT). These 15 grants were designed to be time-limited, with the grant activities to include sustainability planning. For SFY 2010, as referenced in the System of Care description above, local systems will be guided to invest in IHBT with the 404 Base allocations to ADAMH/CMH/ADAS Boards.

## FAMILY SUPPORTS

The purpose, to be further defined by a SOC Guidance Document, will continue to be to provide family-centered services and supports necessary to successfully maintain children and youth in the community. Hi-Fidelity Wraparound, respite services and parent advocacy will be emphasized as crucial components. The Family Supports activities in SFY 2010 will no longer require a behavioral health diagnosis. The new guidance will allow for these funds to support children with multiple needs and typically in multiple systems, receiving service coordination through the FCFC. This is the former FAST \$ under ABC. The allocations in SFY 2010 will be made directly to each county FCFC administrative agent, to be managed by the county FCFCs.

## EARLY CHILDHOOD MENTAL HEALTH CONSULTATION

The purpose of Early Childhood Mental Health (ECMH) Consultation for SFY 2010 will be to identify and address early childhood behavioral health needs in early childhood settings in high risk, low-income communities. The Ohio Department of Job and Family Services (ODJFS) and the Ohio Department of Education (ODE) will provide information to guide the alignment of ECMH Consultation resources with communities most in need. The allocation for these funds will continue to be to the ADAMH/CMH Boards.

## BEHAVIORAL HEALTH/ JUVENILE JUSTICE

Through a Request for Proposal (RFP) process in SFY 2008-2009, ODYS and ODMH funded eight counties to implement Behavioral Health/Juvenile Justice (BHJJ) projects with the goal of reducing DYS admissions. The evaluation of these projects will inform the planning for the SFY 2010-2011 state budget which includes funding to support BHJJ activities. Pursuant to receipt of these funds our future focus will be those counties with the highest DYS admissions. In those areas of the state with the highest concentration of DYS admissions, the goals will continue to be diverting youth into evidence based treatment services in their community, and developing stronger family involvement. In coordination with ODYS, ODMH will issue a new RFP to disseminate these funds.

## INCREDIBLE YEARS

For SFY 2008-09, as a part of the ABC RFP process, 28 ADAMH/CMH Boards were awarded funding to support implementation of the Incredible Years programs. The Ohio Children's Trust Fund has recently released a Request for Grant Applications (RFGA) for the Community-Based Child Abuse Prevention Project. The purpose of this RFGA is to engage qualified Ohio organizations to develop and implement new community-based programs or expand existing community-based programs based on the Incredible Years (IY) program. In order to avoid duplication of state funding efforts, ODMH will not be providing specific allocations to support the IY program in the next biennium.

## MATERNAL DEPRESSION

For SFY 2008-09, the ODMH Maternal Depression Program provided a total of fifteen ADAMH/CMH financial awards to support services to identified mothers who were screened and referred through Help Me Grow. Over the course of the coming biennium, the planning will be for maternal depression to become a component of the Help Me Grow system. From a state and local perspective, it will be essential to strengthen and/or establish ongoing collaboration between the mental health and Help Me Grow systems to ensure that referrals are made as indicated and community-based services are available for identified mothers. Consistent with the SFY 2010 policy intent to eliminate smaller pilot programs, ODMH will not be providing specific allocations to boards to support maternal depression services in the next biennium. We encourage ADAMH/CMH boards to make local decisions regarding state and local funding to be directed for supporting maternal depression services.

## ALTERNATIVE EDUCATION MENTAL HEALTH

Since SFY 2001, through an initial RFP process, ODMH has provided Alternative Education Mental Health (AEMH) grants to 32 ADAMH/CMH Boards to support a continuum of prevention, screening and treatment services to students enrolled in the Ohio Department of Education Alternative Challenge Grant programs. These grants have helped to increase the capacity of schools and communities to improve the well-being of at-risk students. In SFY 2009, ODMH contracted with The OSU Center for Learning Excellence to assist the AEMH community boards and providers in identifying outcomes and reviewing opportunities for sustainability. Due to decreased general revenue funding, ODMH will not provide targeted grants for AEMH in the next biennium. We encourage all ADAMH/CMH Boards to make local decisions for child and family services and supports in collaboration with school systems and other community partners. ODMH will continue to foster mental health, family and school collaboration at the state and local level, as we participate in the Governor's Education Reform to connect students and families with needed mental health and social services as well as other community-based programs to support students' academic and social emotional well-being.

## NAME, TELEPHONE NO., AND EMAIL OF CONTACT PERSON:

Kay K. Rietz, Assistant Deputy Director, at 614-466-1984, [rietzk@mh.state.oh.us](mailto:rietzk@mh.state.oh.us)

cc: Leadership Support Team, ODMH  
Office of Children's Services, ODMH  
Carrol Hernandez, ODMH  
Angela Saucer-Short, FCFC  
Jewel Neely, ODADAS